



FAMILY DISPUTE

Nargiz Shaymardanova Maxmanazarovna

Denau Institute of Entrepreneurship and Pedagogy

nargizshaymardanova75@gmail.com

Article history:	Abstract:
Received: 13 th March 2021 Accepted: 30 th March 2021 Published: 10 th April 2021	The article discusses family conflicts in modern society and the growth of social alienation in society itself; undermining moral values, including traditional norms of sexual behavior; a change in the traditional position of women in the family (the opposite poles of this change are the complete economic independence of women and the syndrome of housewives); information on the economic, financial and social crisis in the country.
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Unfortunately, family conflicts are a topical issue in modern society. Family is the most precious thing in this world. It is mutual understanding and respect for each other.

Every family faces problematic situations throughout its life, the solution of which is carried out in the context of conflicting individual needs, motives and interests. Conflict is defined as a conflict of conflicting goals, interests, positions, opinions.

- family conflicts are divided into conflicts: spouses, parents and children, spouses and parents of each spouse, grandmother and grandmother. Family conflicts play a key role in family relationships. They are probably caused by not meeting the needs of the spouses. The causes of marital conflict can be identified: - psychosexual incompatibility of spouses; - not satisfying the need for the importance of their "I", not respecting the dignity of the partner;
- dissatisfaction with the need for positive emotions: lack of affection, care, attention and understanding;
- Dependence on excessive satisfaction of one of the spouses needs (alcohol, drugs, financial expenses only for himself);
- dissatisfaction with the need for mutual assistance and understanding on management issues in the household, parenting, parents, etc. ;
- differences in the need for leisure, hobbies.

In addition, factors influencing spouse conflict relationship. These include periods of crisis in family development.

The first year of family life is marked by conflicts of adaptation when two "I's" become one "We". There is an evolution of emotions.

The second period of crisis is associated with the emergence of children:

Opportunities for spouses' professional growth are deteriorating. They have fewer opportunities to perform for free at personal attraction events (hobbies, hobbies). Fatigue in a wife caring for a child can lead to a temporary decrease in sexual activity. Conflicts in which couples and their parents may have views on issues raising a child the third crisis period coincides with the average marriage age, which is characterized by a conflict of identity. As a result, repeating the same impressions, the spouses become saturated with each other.

The fourth period of conflict between spouses comes after the age of 18-24 cohabitation ... His appearance is often a period of involution, a feeling of loneliness associated with the departure of children corresponds to the period of External factors have a significant impact on the emergence of family conflicts: the deterioration of the financial situation of many families; overwork in the workplace of one (or both) spouses; inability to provide one of the spouses with a normal job; long absence from their homes; lack of opportunities to organize children, children's institution, etc.

In modern society, family conflicts and the growth of social alienation in society itself; undermining moral values, including traditional norms of sexual behavior; a change in the traditional position of women in the family (the opposite poles of this change are the complete economic independence of women and the syndrome of housewives); crisis situation in the economy, finance, social sphere of the state.

Resolving conflicts in marriage depends primarily on the spouses' ability to understand, forgive, and give. One of the conditions for ending the conflict of loving spouses is not to win. It's hard to call a victory that defeats your neighbor a win. Whatever guilt is in him, it is important to respect the other. You need to honestly ask yourself what you are really worried about (and most importantly, answer yourself honestly). It is better not to involve others -

parents, children, friends, neighbors, etc. - in our own understanding and mutual conflicts. The well-being of the family depends only on the spouses themselves.

Separately, it is worth thinking about such a radical way of solving family disputes such as divorce. According to psychologists, there is a three-step process ahead:

- a) emotional separation, expressed in alienation, indifference of spouses to each other, loss of trust and love;
- b) physical separation leading to divorce;
- (c) a legal divorce requiring legal registration of the dissolution of the marriage.

For many, divorce saves them from hostility, dislike, deception, and the things that darken their lives. Of course, this also leads to negative consequences. They are different for divorces, children and society. The weakest point in a divorce is usually the woman with the children. He is more a person prone to neuropsychiatric disorders. The negative consequences are more significant than divorce with children consequences for spouses. The child loses a single loving parent, and in many cases the mothers prevent the fathers from seeing the children.

The child often experiences peer pressure from the absence of one of the parents, which affects his or her mental state. Divorce leads to the development of society single family, the number of deviant adolescents is increasing, crime is increasing. This creates additional challenges for society.

There can also be conflicts between parents and children in the family.

One of the most common problems in daily life.

So why do conflicts arise between parents and children?

1. Type of family relationship. Distinguish between appropriate and compatible types of family relationships. In a harmonious family, a mobile balance is established, which is reflected in the design of the psychological roles of each family member, the formation of the "We" family, the ability of family members to resolve conflicts.

Family disagreement is the negative nature of family relationships,

Expressed in the opposite interactions of the spouses. The level of psychological stress in such a family tends to increase, which leads to neurotic reactions of its members, a constant feeling of anxiety in children.

2. Destructive family education ... The following features stand out catastrophic types of education:

Disagreements between family members over education;

Incompatibility, incompatibility, incompatibility;

Guardianship and prohibitions in many areas of children's lives;

Increased demands on children, frequent use of threats, convictions,

3. Children's age crises are seen as factors in the intensification of their conflict. The transition from one stage of the age crisis to the development of the child to another. In critical times, children become disobedient, capricious, nervous. They often come into conflict with others, especially their parents. They reach a level of stubbornness and develop a negative attitude towards previously fulfilled demands. The following age-related crises of children are distinguished:

First year crisis (transition from infancy to early childhood);

"Three-year" crisis (transition from early childhood to preschool age);

6-7 age crisis (transition from preschool to primary school age);

Sexual puberty crisis (transition from primary school to adolescence 12-14 years);

Adolescent crisis in 15-17 year olds.

4. Personal factor. The environment of the personal characteristics of the parents, contributing to their conflict with children, emphasizing the conservative approach thinking, following outdated rules of behavior, and being harmful

habits (alcohol consumption, etc.). Among the personal characteristics of children are, for example, low reading performance, violation of the rules of behavior, disregard for parental advice, as well as disobedience, stubbornness, selfishness and egocentrism, self-confidence, laziness and others. Thus, the conflicts in question may result from the mistakes of parents and children.

- There are the following types of parent-child relationships:
- The optimal type of parent-child relationship;

Conflicts in the family are as natural as in a love relationship. The cause of many conflicts is family life, the desire of each spouse to encourage the rest of the family to live according to its rules. In fact, it is very convenient when other people agree to act in a way that is comfortable for the person. However, others are not forced to obey, so science is often forced to look for ways to resolve conflicts that arise in the family. What are family conflicts?

Website psychological help The site sees family conflicts as a natural process when two people's thoughts or desires collide, resulting in them wanting to find a common ground. Even though quarrels are fought during a quarrel, it can be said that quarrels signify the unity of a couple.

- First, if a couple is arguing, it means they have something to share. And people always share freedom, personal territory, children, and so on, not common property. In other words, couples quarrel only if the subject of the quarrel is important to them. In addition, a person who does not want to quarrel with the other party will have a conflict. Such a paradox: people quarrel because they don't want to hurt each other without hurting themselves.

➤ Second, the conflict shows that the couple is still moving in the same direction. Conflict is the lack of a way for two people to be ready to go. It was during the fight that they tried to find him. This means that people want to work together, so they work hard to force each other what they think is the best option so far. Psychologists consider family conflicts to be normal. Because of the contradictions, couples begin to hate each other, and even more so divorce. Therefore, the question of how to resolve family conflicts, which always arise, remains very important.

➤ Family conflict is one way of interacting between spouses and even children. This process and the positive side: conflict encourages the development of relationships, change, going in any direction. Sometimes people quarrel because that's the only way they can unite. Each family has unique interests that they have the right to be if the spouses are united.

➤ Peaceful family quarrels include: partners can discuss differences with respect;

➤ allow partners to have their own opinions and characteristics that are not unique to each other;

➤ The opinion of the partners is worthy of respect, despite the fact that they are wrong and misguided.

No two people are alike. Therefore, your opinion may be as right or wrong as the other person's opinion. Learn to respect the difference between yourself and the views of others. Try to find a solution to the problem that caused the conflict, not make the other person think like you, so that it suits you and your beloved partner

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