



## **AFFECT OF DIFFERENT MUSICAL DIRECTIONS AND STYLES TO A PERSON**

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<b>Received:</b> 30 September 2021 <b>Accepted:</b> 7 <sup>th</sup> October 2021 <b>Published:</b> 7 <sup>th</sup> December 2021	Classical music has the most complete positive effect on all organs of the human body. This influence has been noticed for a long time and, according to scientists, the effect is sometimes just miraculous. A person feels the greatest benefit when listening to the works of composers: Mozart, Grieg, Tchaikovsky, Vivaldi, Beethoven, Debussy, Schubert and Schumann.
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It is believed that Mozart's music will help to assimilate new information quickly. Some works of Beethoven, Liszt and Oginsky's Polonaise remove headaches. Grieg, Tchaikovsky and Sibelius will help you fall asleep. Recovering memory from frequent listening to Vivaldi.

Styles of music such as hard rock, rap and heavy metal are advised by doctors not to listen at all. Researchers from Melbourne state:

- hard rock provokes aggression;
- rap causes a bad mood;
- Heavy metal can be guilty of mental disorders.

If we talk about other genres:

- jazz, blues and reggae, they bring a person out of depression;
- Some people like pop music, some don't;
- melodic rock relieves stress and fatigue, and hard rock can lead to a stupor.

In our country, they love the author's performance with the guitar of their songs. Guitar lessons conducted by bards performing original songs delight and inspire many. Therefore, after attending the annual open-air music festivals, a large number of young people appear, taking guitar lessons from professionals.

The sounds made on any musical instrument affect the body in their own way:

- violin, harp, cello, guitar heals the cardiovascular system;
- a grand piano and a piano affect the thyroid gland, normalize the genitourinary system, calm the psyche;
- the organ affects the work of the brain and spine;
- wind instruments are useful for the respiratory system and blood circulation.

Nationality and the culture associated with it are of great importance for the perception of music. For example, Europeans do not quite accept the melodies of the East and are very annoying in large numbers. Asians also listen to other people's music without much pleasure.

The music of their people affects a person only positively - it calms and makes you not forget your musical and cultural values. Ethnic music opens energy centers in people, cleans the human biofield and fills it with life-giving energy.

Many in childhood, adolescence, and even in adulthood dreamed of the ability to play a wonderful musical instrument: violin, drums, piano, trumpet or guitar. Of course, the last device was very popular, everyone, without exception, loved and wished it, because the guitar can calm, "listen", understand, relax, or, conversely, give strength, power, give a huge surge of faith in yourself and your loved ones ... Sometimes wedding songs are played with its help, not less often - sorrowful, sad, farewell songs. In general, this musical instrument can be called completely universal! Many people like the gentle, not too harsh and sonorous sound of the classics, someone prefers the "juicy" echoes of acoustics more, the electric guitar with its strength conquers lovers of melodic and eccentric sound.

When going to buy a cheap bass guitar, many people focus on the design and shape of the "body", on the brand, price category and more. Of course, one cannot say that design or price is not important, but on the contrary, it plays a key role, but musicians who prefer guitars understand that, nevertheless, one should pay attention to "bread crumbs", i.e. small particles of the tool. One of the many little things is an electronic guitar nut that has an impact on a lot. He is "in charge" of how easy your guitar will be to tune. And, of course, one cannot fail to say that it is with him that "the sound begins" - the resonance of the strings begins on it. An incorrectly installed nut can "give" a very unpleasant surprise to the owner of the guitar, such as rattling, decreased comfort during playing and some other consequences.

### What materials are used for the nut production?

In total, five to six materials can be named, from which the upper sils are made at the moment:

Bone. This option is very old, it has been used for a very long time. Devices with such a nut can be called old school and mega-cool. They are very durable and strong, due to their unusual structure, they need special careful care and accuracy. Cutting holes should be done very carefully, but such caution is fully justified, because the echoes will be smooth, juicy and interesting. Disadvantages can only be called the difficulty in preparing for installation - you should protect your eyes, nose, mouth, and the skin, in general, from bone dust and unpleasant odor during fur.

### Impacts

Graphite can be described as inexpensive and easy to use, it will give such a "tube", calm, gentle and soft sound.

It is not as easy to put a nickel threshold as a bone and graphite threshold, but it is very aesthetic and unusual, so shiny and bright. The notes you have played will sound in vibrato for a long time, amaze you and your friends with their unusualness. It is difficult to handle because when grinding and "sawing" it heats up quickly and can even burn you a little.

Brass ones are very harmonious with instruments with "gold" elements. The metal is hard, and therefore gives good sustain and an even, purest sound. It is difficult and even sometimes dangerous to work with him. it does not conduct heat well, and alloy dust may contain lead. They can be poisoned. Be sure to use a respirator and goggles when working with this metal.

**Task and Corian.** These materials are unnatural, but not too hard to work with. With the right, unhurried processing, they can give you great sound.

### Locking sils

Burners help to "fix" the string at the highest point of the fretboard and, thus, allow the use of a wide variety of tremolo systems. They can be called excellent devices for maintaining the tuning of the guitar, but it is still difficult to say for sure if locking saddles affect the sound.

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