



THE POPULATION EXPLOSION PROBLEM IN INDIA- CAUSES, EFFECTS AND SOLUTIONS

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Article history:	Abstract:
Received: April 11 th 2021	The population explosion is the major economic problem in India. In the world, India is the second, biggest populated country in the world. According to 2011 census, we had reached more than 121 crore population in India. India is the seventh largest country in the world. The population explosion is the biggest obstacle in the way of our country's economic development.
Accepted: April 22 th 2021	The population explosion is itself is an economic problem and time it also leads to the social problems in India also. It influences so many factors like social development, health, hygiene, education, national income etc. Population is having the two factors like quality and quantity. If any country's population is having less quality and high in quantity, then it may become burden to the nation. If any country is having less in quantity and high is quality, then certainly, it become boon to the nation.
Published: May 20 th 2021	But if we are taking the steps to control the population explosion, then only we can reach our expected goal of development.

Keywords: Population explosion, development, quality, quantity etc.

INTRODUCTION

The population explosion is the burning issue before every nation of the world. It is also considered as a global problem, as well as economic problem and some time as well as the social problem some time also. In every universities of the world, the population studies is one of the main subject in graduate as well as post graduate section and which is considered as " Demography".

The population explosion is affects all issues like education, food, nutrition, and mainly the development of the nation also. The whole development of the nation hinders due to unlimited growth of the population. So it is necessary to control the growth of the population. If we are understanding the causes and observes the effects, then only we can find the solution for this problem.

METHODOLOGY

Population Problem in India with Its Solution

Article Shared by Sanket Suman

Let us make an in-depth study of the population problem in India with its solution.

Population Problem in India:

India is one of the densely populated countries of the world. It supports about 16% of the world population, although its land area is merely 2.4% of the land area of the world.

According to 2001 census it was 121 crore.

Our population has been growing at the rate of so much faster that, every minute, there are 4 births are taking place in India.

A study of India's demographic trends during the last five decades reveals that the death rate has fallen much faster than the birth rate. The death rate is decreasing compared to the birth rate due to availability of medical services. The birth rate is increasing because, of the aspiring of the male child, the government plan about the food nutrition schemes to pregnant women etc. high by current standards. Therefore, in future India's population will be considerably increase

The Nature of India's Population Problem:

The number of people which a country can support largely, if not entirely, depends upon its existing natural resources, the methods it uses in production, and the efficiency of labor which affects labor productivity. It appears from current standards that India's population is considerably increasing..

This excess population is itself a symptom of over-population. This problem is becoming more and more acute day by day due to rapidly increasing population in terms of the density of population. So, India is over-populated.

However, a small minority of people see that India is not really over-populated still, it is a vast country with plenty of natural resources. These resources have not been fully used as yet. They express the view that, if all the resources are fully employed, India can maintain a larger population than what it is having now and in much greater comfort.

There is some truth in this argument. But one cannot deny the following facts:

- (a) The population of India is very large by current standards.
- (b) The rate of increase of population is also high — like, according to 2011 census, the population of India is 121 crore.
- (c) Even the existing population is not having nutritious food, , cloth and shelter properly; most people are living in miserable conditions.
- (d) The increase in GDP under planned economic development is being eaten up by the increase in population. As a result, the per capita income growth has almost reached a vanishing point.
- (e) The need of controlling population is urgent and pressing so that the existing population may have an improved standard of living.

There is no denying the fact that there were too many people now in India. However, the real problem is not the present large size of the population but the rate at which the size of population is increasing every year? India can progress if— and only if—the continuous and huge increase in population is held in check.

Causes:-There are many causes for the population explosion in India;-

Male dominant society; - The Indian society is male dominant society. In Sanskrit language there is slogan is there;—" Aputrasya Gathinasthi" it means, the person who is not having a son is not qualified to get moksha. So every Indian woman wants to beget a son and up to getting a son, she begets more and more children. This is also, the main reason for population increasing in India.

Climatic condition in India;-In India, there is hot temperate climate. Due to this, the girls are matured early in age and due to this the parents are started to make their daughters early marriage. So they matured early in age, marry in early age, and become mother in early age. This is also leads to population explosion.

Poverty;-Poverty is also leads to some times the population explosion. Due to poverty, they are not caring about the birth control measures, and they think that if they are having more children, then they will help and earn money for them, and take care in the old age.

Agriculture as the main occupation for livelihood;- In India the people are occupying as the agriculture as the main occupation. But the agriculture needs more hands. So the agriculture occupying`` as the main occupation, indirectly supports the increasing the population.

Decline in the death mortality rate; After the independence, the both Central government and state government had provided the free medical facilities to the needy people. For every five kilometers, the government had established the Primary Health Centre (P.H.C.) and by this the poor people are providing the necessary medical facilities. By this, the birth rates are increasing and death rates are decreasing.

Trend of Growth of Population in India (with statistical information)

Article shared by : Samiksha S <="" div="" style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: 16px; vertical-align: bottom; background: transparent; max-width: 100 %; ">

1901	236.2	Stagnant
1911	252.2	population
1921	251.3	
1931	279.0	Steady Growth.
1941	318.7	
1951	361.4	
1961	439.2	Rapid high
1971	546.9	growth
1981	683.81	(684 million)
1991	843.9	High growth with
2001	1027	Signs of slowing down.



Effects of the population explosion in India:- There are many effects that we can see due to population explosion in India as well as around the world in terms social, economic and as well as in political aspects.

The population growth leads to poverty:- Due to uncontrolled population, there is shortage of food, shelter, clothing, resources, pure drinking water etc and a common family is not in a position to afford all the things to its members , if having more number of children.

Uncontrolled population leads to illiteracy:- The uncontrolled population in family leads to illiteracy also. The parents are not in a position to provide better education if they are having more number of children and some time the elder daughter has to sacrifice her education to take care of younger brothers and sisters.

The increasing population also leads to bonded labor system:- Due to increasing population, there is threat of bonded labor system. Due to the marriage of daughters, the head of the family, sometimes borrow the loan and to repay their loan with interest, he sends his son to work in landlord's house up to repay the loan the son worked as bonded labor. Some time it continues to generation to generation.

The increasing population may leads to increasing the anti social activities in the society:- Due to the more number of children, it may leads to frustration among family numbers leads to inferiority complex, mental depression, and some time they can attract towards to anti social activities to get moneys as fast as possible. It leads to creation of underground world activities.

The increasing population may also leads to environmental pollution:- Due to over population more and more land is used for shelter as well as agricultural purpose and it leads to deforestation. Demands more area and to achieve this, there is deforestation. It also leads to environmental pollution.

The remedial measures to control the increasing population:- There are so many measures to control the increasing population. They are as follows;-

Adopting family planning policy:- One of the best measures of controlling the increased population is adoption of family planning policy. If all are adopting the family planning policy, means to restricting ourselves, to beget only two children, then we can control the increasing population to some extent.

Encouraging the women to use birth control measures:- The women are having the important role in controlling the population explosion. If women are educated about the bad effects of the increasing population, then they will certainly use the birth control pills to prevent frequent pregnancy as well as create gap between the two pregnancy, which is supports their career, health as well as they can look after the children very well. This time of creating the gap between the two pregnancy definitely supports the controlling the rate of increasing population.

CONCLUSION

The population explosion is a burning issue in the world and all of the countries are searching the solutions to this global problem. If the population is less, then there is less using of natural resources. As well as scarcity of human resources. If the population explosion is more, then there is scarcity of resources. So the balanced population is necessary to the development of every nation.

So we should consider this in the right direction

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