



THE ADVANTAGES AND DISADVANTAGES OF SELF-LEARNING FOREIGN LANGUAGES

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Received: March 30 th 2024 Accepted: April 26 th 2024	Self-studying is a learning strategy in which students control their own studies outside of the classroom and without direct supervision. Because students have control over what (and how) they learn, self-study may be a very beneficial approach for many students to learn. Self-study and traditional classroom learning can be combined to help your child get the most out of his or her educational experience. Together, these strategies improve students' ability to absorb and retain knowledge, boosting understanding, grades, and motivation levels

Keywords: Self-study, grades, pros and disadvantages, regular classroom

The Importance of Self-Study: Self-studying is an excellent way for students to improve their learning experience, whether they are studying for a course or learning about a topic for enjoyment. Students can use self-study to learn more than just what their textbooks and professors teach them. By practicing self-study, kids are encouraged to delve deeper into themes of interest, resulting in improved study abilities. One of the primary benefits of self-study is that students have control over their own learning. And when pupils have control, they are more motivated to study. That's great news for everyone! **Benefits of Self-Study for Students:** Students learn more efficiently. Exploring a topic on his or her own motivates your youngster to actively interact with the knowledge. Self-studiers can think about issues more thoroughly and link what they're learning. When kids are interested (and enthused) about what they are learning, they retain it better. Self-study also helps your child develop study abilities, which he or she might utilize to investigate new topics or solve difficult homework. Students learn more about the things they are learning. Self-study is all about gathering fresh knowledge on a topic that your child is interested in. Seeking out this information on their own allows students to understand more about the issue (rather than simply what is given in class). It can improve pupils' self-esteem. Many pupils gain confidence as they practice self-study. They might regard themselves as self-sufficient individuals capable of learning new skills on their own. This can be a significant motivational boost for students. Students can learn at their own speed. Self-study allows students to learn at their own speed, concentrating on the topics they are most interested in (or wish to understand better). This helps to alleviate the stress, anxiety, and boredom that kids may experience in the classroom. Encourages inquiry. Curiosity is one of the most important (and sometimes ignored) components of pushing pupils to study. When pupils are not engaged in what they are studying, they absorb less knowledge. They learn to remember rather than understand. Self-study allows students to select something they are interested in and enthusiastic to learn about, resulting in a more effective learning environment.

Assist Your Child in Developing Effective Self-Study Skills

1. Locate materials on the issue. Assist your child in finding further materials on the topic he or she is learning about. Books, articles, and instructional videos are all excellent ways to improve his or her comprehension of new topics.
2. Discuss what your youngster is learning. Talk to your child about what he or she is learning and what themes pique his or her interest. Talking about what he or she is learning helps your child's understanding and drive to learn (and share!) more.
3. Try alternative study approaches. Each student has a favored study approach, and self-study is no exception. The benefit of self-study is that your child can decide what works best for him or her. Encourage your kid to experiment with different study approaches, such as reading books, watching videos, making mind maps, or engaging in other activities that assist your child assimilate knowledge.
4. Have the necessary tools. Being prepared is the most important trick to being an excellent self-study student. Ensure that your child has all of the study tools he or she requires to make the most of each self-study session. The following tools can help your child have the most productive self-study session: -A study area—such as a good study desk similar to spacious study table, free from distractions and clutter -A computer that allows your youngster to read, view, and listen to internet resources.

-Study supplies such as pencils, highlighters, and paper to help your youngster keep organized study notes. Everyone who wishes to understand the language of worldwide communication has a question: how do you learn a foreign language? In this post, we'll look at the self-learning option. **Benefits:**

1. Your speed: The capacity to fully adapt to your schedule and personal speed. You are your own teacher and pupil.
2. Minimal financial investment: You will use free resources or pay for paid services at a low cost in comparison to other options. If you are accustomed to learning through printed materials, you may need to invest in textbooks.
3. A wide

range of learning resources: There are several decent textbooks, specialist websites and online simulators, apps, video blogs, and self-study tools. You will have several possibilities to pick your study route. 4. Learning depending on your interests: You may learn languages in whatever way you like, including watching Game of Thrones in its native language, listening to BBC podcasts, playing GTA in English, and reading Esquire. 5. Lack of criticism: If you have a strong aversion to criticism from school, a self-guided approach is excellent. Only you and languages. Minuses: 1. Lack of self-discipline: Few people can motivate themselves to exercise on a regular basis. If you learn languages on excursions - every few of months for nearly 5 hours in a row - this will not provide real results. This should be done consistently, at least twice a week for an hour. 2. Lack of control: No one will correct you if you make errors in reading, writing, or speech. Nobody will teach you grammar or explain the intricacies of word usage. A lack of control results in full anarchy. 3. Difficulty selecting effective resources. It is tough to browse through a large volume of materials. It is unclear how to ensure their quality and arrange work on them. Where to begin, what to prioritize, what to overlook, and so on. The difficulty of choosing causes information confusion in the mind. 4. Lack of training program: Competently arranging the educational process without pedagogical education is a difficult task. It is preferable to commit this to a trained instructor, who will design a program based on your level, your objective of learning English, and the successful experiences of previous students. 5. Lack of rivalry: Without an instructor or classmates, there is no sense of healthy competition to drive you to achieve better. 6. Communicative vacuum: If you don't have somebody to chat to, you won't get much speaking practice. The words you've learnt will remain passive; you'll know them if you see them, but you're unlikely to utilize them in a discussion with a foreigner. You will make mistakes in grammar and phonetics because learning a language without speaking is meaningless. Suitable for: Those who enjoy organizing and controlling things will find self-discipline easy. Perhaps you can actually learn English well. Who is unsuitable for: If you are just starting to learn a language, you will need an instructor to explain the basics. Lack of communication: The only option is to encourage a friend, spouse, or neighbor to study with you. It'll be more entertaining and productive. In general, it is up to you to decide whether to study alone or not; nevertheless, we can confidently state that live conversation with a native speaker or teacher is the most crucial aspect of your practice. Self-Paced Learning eliminates the need to complete tasks. Initially, it appears to be beneficial. Nobody loves too much pressure, but in my experience as a classroom teacher, if there isn't pressure, the pupils don't perform their job. Furthermore, the longer students delay completing tasks, the less important knowledge they will recall. According to psychologist Robert Bjork (1994), there should be 'desirable difficulty'. Incorporating a sense of effort or hardship into the learning process can dramatically boost long-term memory and aid to create stronger brain connections.' Deep down, I know that challenges boost drive to achieve. Regarding my pupils, I believe that self-paced learning is generally unproductive when there is no pressure.

No pressure is a disadvantage (at least for most students). Action: I made the decision to improve communication with my students in order to apply pressure and remind them of their current deadlines. Learners can gain the ability to work autonomously and adhere to a self-created learning schedule: Learners who establish and follow a learning timetable feel empowered. Whether my kids are early birds or night owls, encouraging them to work independently can only be good...right? "Students select what to study, how to study, when to study, and how long to study; these self-regulated components of learning have substantial consequences for the success of their learning efforts and educational outcomes (Dunlosky & Theide, 1998). Schools and teachers are failing to recognize the potential hardship that self-paced learning adds to students' workloads. A pupil who has never created their own timetable may lack the necessary self-discipline. Verdict: I believe it's beneficial. Working alone may be tough at first, but we must not underestimate our kids. Action: I will invite my pupils to talk about their learning timetable. I'll ask them when and why particular times are greatest for studying. Hopefully, this communication will hold them accountable for their learning. Freedom to experiment with multiple theories of learning: It is true that one size does not fit everyone. Some of my students may have a favorite style of learning. Perhaps they prefer to learn from textbooks, conduct online research, or speak with specialists. At the same time, they may believe that viewing Netflix would help them pass a media studies exam. It might...but it's not the most effective approach to learn. It is my responsibility to structure and promote their learning using an established teaching style. There are few situations in which enabling students to regulate their own learning results in better levels of achievement than constraining students' control. (On the efficacy of self-paced learning - J.G Tullis and A.S Benjamin) Conclusion: It is a disadvantage. At this point in my student's education, it's best to limit the learning opportunities. Action: While I always urge my students to conduct their own research, they frequently require assistance in digesting and breaking down their results. Mobile learning is more engaging. Even if I'm quite proud of my ability to repeat Hamlet's 'to be or not to be' speech unabashedly in front of the class, perhaps my pupils would prefer a multimedia version on their tablets or mobile phones." Smartphones account for 65% of all digital media views. 91% of smartphone time is spent using apps, with around 50% spent on some sort of learning. While most professors experiment with entertaining methods to incorporate digital media into the classroom, students spend more time on their cellphones than in the classroom itself. With an availability of educational applications and resources, self-paced mobile learning has the potential to allow students to learn entirely from their mobile device or tablet. Mobile learning provides greater opportunities for dynamic and engaging material. Quizzes, digital flashcards, explanation videos, podcasts, and even instructional games are readily available to students. Conclusion: It's an advantage. Self-paced learning on smartphone devices allows students to engage with a broader selection of interactive information. Action: I'll compile a list of relevant applications and resources that my students may use from the comfort of their own couches, but I'll also caution them about the pitfalls of diversions. LMSs provide self-paced learning. Educators born in the 1990s or after were likely exposed to Learning Management Systems (LMSs) and other educational

technologies throughout their professional teacher training. Older instructors may recall all of the commotion, mess, and mayhem that installing LMSs in the classroom caused in the department. Long story short: LMSs are here to stay. I effectively utilize them in the classroom and for online instruction. And, honestly, LMSs are better suited to self-paced learners. Proficient systems provide learners with everything they need to organize, present, and evaluate instructional information on their own time.

We can't make kids learn, and we can't teach them all they'll need to know later. We can provide them with the opportunity for self-directed inquiry. In other words, we can provide them the tools and abilities they require. Self-paced learning and LMSs are inextricably linked. Conclusion: LMSs are already widely utilized in schools across the world. Extending the effective usage of LMSs has a significant benefit for self-paced learning. Action: Ensure that all of my learners can take advantage of our LMS's many functions.

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