



ADVANCED PEDAGOGICAL MECHANISMS FOR THE DEVELOPMENT OF A HEALTHY LIVING CULTURE OF WOMEN IN FAMILY AND NEIGHBORHOODS.

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Article history:	Abstract:
<p>Received: February 1st 2023 Accepted: March 1st 2023 Published: March 3rd 2023</p>	<p>Women play a significant role in the advancement of our country, the family unit, and society. About half of the people in our nation are women, and they contribute significantly to all facets of socio-spiritual, political, and economic life. In particular, they play important roles in government and representative bodies, manufacturing, entrepreneurship, farming, health, education, and other social spheres. This article will focus on improving the pedagogical mechanisms of the development of a healthy living culture of women girls in families and neighborhoods.</p>
<p>Keywords: women, neighborhood, family, relationships, society, gender equality, pedagogical mechanisms, healthy living, social political activity.</p>	

Any developing nation that wants to become a leader will need to adhere to a set of rules established by the global democratic community and modify its laws and development plans accordingly. Currently, it should be noted that 514 of our nation's scientists are women, along with 6 academics, 15 Uzbek Heroes, 17 senators, and 15 members of the legislative chamber. Additionally, 72% of those working in the fields of science, education, health, culture, and the arts are women.

In our country, large-scale work is carried out to increase the socio-political activity of women, ensure unconditional observance of their rights and legitimate interests, support motherhood and childhood in every possible way, create conditions for their realization of their abilities and capabilities in various fields and networks, and also strengthen the institution of the family.

The current state of affairs in this area, however, suggests that there are a number of structural issues and flaws that obstruct providing comprehensive support for women, organizing targeted work with them, enhancing the spiritual and moral climate in families, and developing a successful mechanism for recovery. The head of our state stated that focusing on women should always be at the forefront of all of our efforts and should be everyone's responsibility. The emphasis on the family is really an emphasis on self.

Increasing the economic, social and political activity of ensuring the rights and interests of women in our country is defined as an important direction of state policy. Over the past years, some work has been done in this regard. However, no efficient system for achieving women's interests has yet been developed. Over the years, the women's Committee, the neighborhood, and other community organizations have only been able to hold a variety of gatherings and events; they have not been able to carry out any real social assistance for families, women, and young girls. This has led to a great deal of problems building up in those areas, none of whose solutions have been specifically addressed.

The development of a healthy lifestyle is one of the current issues. The development of a healthy lifestyle in the family, the smallest Bull of society, is of great importance. But we are faced with certain obstacles in the development of a healthy lifestyle in the family. A clear example of this is the fact that harmful habits have become an integral part of our daily lives. In order to eliminate these circumstances, the decree of our president "on measures for the widespread implementation of a healthy lifestyle and the further development of mass sports" States: all of us, having made a serious conclusion from this, abandon harmful habits and constantly engage in mass sports, adhere to the principles of proper nutrition, in particular, it is necessary that we

Over the past four years, large-scale reforms have been implemented aimed at achieving equal rights and opportunities for women and men, ensuring their equal participation in the management of society and state affairs, supporting women in socio-legal terms, as well as protecting women from harassment and violence. The issue of Gender equality has risen to the level of Public Policy and 25 legislative acts have been passed on the industry. The commission on Gender equality issues of the Republic of Uzbekistan was established, and the Committee on women and gender equality was established in the Senate of the Republic of Uzbekistan.

For the first time in the history of Uzbekistan, the number of women in Parliament reached the level corresponding to the recommendations set by the UN, the number of women in Parliament reached almost 32 percent and rose to 37th among the 190 parliaments in the world. The proportion of women in management positions reached 27%, 44%

in parties, 40% in higher education, 35% in entrepreneurship. In order to provide socio-economic support for women, to work with them at address, the "women's book" system was introduced, providing 300 crore annually from the state budget.

Development and implementation of measures for the implementation of nationwide policies in the field of socio-legal support of women, protection of motherhood and childhood, professional, physical, spiritual and intellectual growth of women, their socio-political activity, active participation in state construction. Development and implementation of a set of measures for maintaining the health of women, the formation of a healthy family, the development of women's and family sports, the promotion of a healthy lifestyle.

In the academy, the explanation and observance of national-religious traditions, the realization and protection of women's constitutional rights, the influence of destructive forces on the minds of women, and their involvement in extremist and terrorist activities are not allowed. effective organization of activities aimed at countering their attempts. Coordinating the activities of women's non-governmental non-profit organizations and ensuring effective cooperation with them, implementing measures to strengthen the role of women in the processes of modernizing society and democratic renewal, and strengthening the role of women in society and state building in Uzbekistan. orientation to work on improvement..

Address lists of women who want to work will be created, comprehensive measures will be taken to ensure their employment, to involve women in family and private business, handicrafts. In order to prevent crimes between women and girls, work is carried out in every part of the neighborhood. Particular attention will be paid to finding their place in life and solving their social problems of 2,587 women who were released from penal institutions and were removed from the special register last year.

Additionally, systematic work will be done to advance the capabilities of national screening and reproductive centers, provide targeted medical aid to low-income families, and enhance the medical culture of women and girls. A woman is wonderful and respectable. According to the decree, the medal "Respectable Woman" is given to women who have demonstrated initiative and activity in the affairs of society and the state, who have meritoriously contributed to the establishment and welfare of the family, motherhood, and the protection of children through their effective work.

On the basis of the Ministry of Neighborhood and Family Support and its regional divisions, the Ministry of Neighborhood and Religious Support and its regional divisions will be established. The Ministry is the competent state management body for the development and implementation of a unified state policy in the field of supporting the elderly and the elderly, protecting their rights and legal interests, and establishing cooperation with the neighborhoods. , there were many virtuous women who raised and inspired them to great deeds. Even today, our women are selfless in raising their children in various fields and neighborhoods. In recent years, a number of laws, decrees and decisions have been adopted in order to ease their burden and ensure their rights and interests.

Within the framework of women's entrepreneurship programs, 2 trillion soums in loans and subsidies were given to more than 200,000 projects in 2022, and 320,000 women were given permanent jobs. 190,000 women received professional training. The original housing payment was split among more than 4,000 women. A supplementary grant enabled the admission of 2000 girls to higher study. As a result, women made up 60% of those enrolling in higher education institutions last year..

A total of 900,000 women who are part of the "Women's Registry" system have received socioeconomic, medical, legal, and psychological support since the system's inauguration in 2020. In recent years, practical measures in the areas of psychological, medical, and mental rehabilitation provided to them have been strengthened in light of the problems with families that are dissolving as a result of family conflicts and situations in our nation and the fact that more women suffer from this.

IN CONSULICION, conditions are being created to ensure women's rights and interests, gender equality, protect family, motherhood and childhood, develop women's entrepreneurship, create new jobs for them, and improve working and living conditions. Also, the Law of the Republic of Uzbekistan "On Protection of Women from Harassment and Violence" was adopted regarding the prevention of harassment and violence against our sisters. The purpose of this law is to regulate relations in the field of protection of women from all forms of oppression and violence.

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