



THE ROLE OF VALUES AND SPIRITUALITY IN A STRONG FAMILY.

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<p>Received: February 1st 2023 Accepted: March 1st 2023 Published: March 3rd 2023</p>	<p>The concept of "value" refers to natural and social benefits that serve the interests and goals of the nation, people or some social groups, important for people and humanity. Values, as the invaluable wealth of our people, serve to enhance human dignity at the heart of cultural and educational activities, customs and traditions. Spiritual and educational values are instilled in the child in the family, such as the correct greeting, dressing, communication with adults and peers, behavior in public.[1]</p>
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When a child takes a step towards self-awareness, he begins to learn about his environment, close, caring parents, imitate and master their behavior. Such qualities as hard work, fidelity, sincerity, trust, love for the motherland, justice, purity, correctness, characteristic of Uzbek families, are directly instilled from parents to children by personal example.[13] The way of life of our sons and daughters, who love our customs, traditions and culture, is instilled with a sense of helping their parents from a young age, and then caring for their families. According to the blessings of our Prophet Muhammad (peace and blessings of Allaah be upon him): "Parents cannot give their children anything but good behavior." Therefore, the best gift a parent can give to a child is not expensive clothes, sweet food, and gifts, but good manners, good breeding, and good manners.

The respect shown to the representatives of the older generation living in Uzbek families is based on such values as honoring our wealthy mothers and fathers, following their instructions and advice, and the ability to be a support in old age. In gatherings at the table, representatives of the older generation show solutions to various everyday issues and problems through proverbs, fairy tales and wisdom[21]. For aging parents, there is nothing better than clothes or money than kind words and comfort, spiritual encouragement and attention from relatives. When one of my acquaintances gave her 90-year-old grandmother a fabric for a dress, she said: "... I could not wear it in my old age, I did not walk among my peers, and now I am bedridden, what should I do with these things?" enough to see your friends," he said echoing in my ears.

No wonder this body, now weak and sick, gives meaning to their lives, supporting us or our parents as they once supported them. The kindness and kindness shown to the elderly ensures that the third generation of family members can spend their old age in peace and happiness. Because each of us owes our lives to our parents, who raised us and showered us with unparalleled love and gratitude.

According to the rules established in the house of Amir Temur, the upbringing of princes was carried out not by mothers, but by grandmothers. Historical sources mention that while the mother of the future scientist Mirzo Ulugbek, Gavharshodbeg, was alive, Saraimulkhanum was engaged in his family upbringing. Amir Temur, in turn, as a grandfather, pays special attention to the education of Mirzo Ulugbek in terms of military affairs, government, and the acquisition of knowledge.[10] As a result, Mirzo Ulugbek became an enlightened statesman, a world-famous scientist and a mature astrologer.

The exemplary way of life of the elderly, the teachings and the deep life experience accumulated over the years served as a beacon for our youth to choose the right path for almost all centuries.[33]

Today, in most families, we are seeing a growing distance and alienation of family members from each other. The image of a modern family is reflected in such images as each family member sitting for hours in front of the TV or hiding on their territory with a mobile device in their hands, cold relations, representatives of different generations do not seem to understand each other.

In some families, parents are busy working in various areas of society from morning to night, some of them wander aimlessly through the streets, and even when at home, they are busy with their work and have almost no time for their children. If from the outside it can be called "family", then this is just a shelter that binds family members in this place. Cold social dialogues, ending with the necessary questions and answers, are replaced by sincere conversations, almost not understanding each other. True, we live in the age of information technology. We must not forget that such cold relations in the family contribute to our children falling under the influence of foreign currents and foreign cultures.[44]

In the years of independence, it is necessary to restore our national and religious values, instill them in the hearts and minds of the younger generation, educate the mature generation in the spirit of comparative analysis. There is a

great saying that "the family is the center of education, ensuring the eternity of life, the continuity of generations, polishing our sacred traditions and at the same time directly influencing future generations."

After all, concern for the future generation, the desire to bring up a healthy and mature generation is our national trait. Every person living on this holy land struggles, works and spares himself all his life in order to see the happiness and perfection of his children. "The child lives in a family environment from the day of birth. Family traditions, values, customs are formed in the mind of the child.[28]

The Constitution of our independent Republic has a special chapter on family relations. In it, all issues related to the Uzbek family and relationships are covered completely and completely. We think that heartfelt conversations about their "rights" and "pride" will be brought to children during family conversation. The role of the family in society is very important. The soil of the Motherland begins with the family. The Constitution of our independent Republic has a special chapter on family relations. In it, all issues related to the Uzbek family and relationships are covered completely and completely. We think that heartfelt conversations about their "rights" and "pride" will be brought to children during family conversation. The role of the family in society is very important. The soil of the Motherland begins with the family.

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