



## TASKS OF ENSURING INFORMATION AND PSYCHOLOGICAL SECURITY IN AN INFORMED SOCIETY

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<b>Received:</b> November 11 <sup>th</sup> 2022 <b>Accepted:</b> December 11 <sup>th</sup> 2022 <b>Published:</b> January 18 <sup>th</sup> 2023	The article examines the increasing ideological influence of various information the life and safety of people, the spiritual world of people in the informati society, and the possibility of threats in cyberspace to have a serious negati impact on all areas of society
<b>Keywords:</b> hidden dangers, virtual world, "virtual reality", Internet culture, information-psychological security, erosion of national values, distraction from real problems of life, "mass culture".	

Today, at a time when the problem of children and the Internet is becoming more and more deep, it is possible not only to fall under the influence of the hidden dangers of the global network, but also to show the openness to the use of sites of extremist character, sects and various associations, widespread permissiveness to virtual fraud. It is natural that the curious nature of children leads them to different sites, causing them to see information on web pages that endanger their mental or physical health.

Most people now live in their virtual world. An example of this is the fact that people are not constantly disconnected from the internet, communication between people is becoming increasingly virtualized. We believe that our youth will be saved from these problems by a bond of mutual kindness, cooperation, harmony in the family, neighborhood and society, but we are watching that this does not always bring the expected effect. The individual life of people is only a small part of the life of society. Let's stand up for society, even the marriage of one family, family economic, social, cultural-household, educational and other needs are not the sum of the needs of its individual acquired members, but the needs of a new, qualitatively higher organization sositium. The family has laws, not a hostel where five or six people live<sup>1</sup>. From this it can be said that the family is undoubtedly important in preventing the spiritual degradation of the individual. At the new stage of human development, legal norms have been established by states to establish the obligations of parents in child maturation, but the legislative procedure in this direction should be further improved.

At the moment, a number of factors can be cited as the prevention of crime among young people, the slowness of their work to adopt them from these paths. For example, it is possible to count the slowness of public control, the low responsibility of the parent who is educating the child, engaged in their provision, etc. In addition, films, clips that negatively affect the consciousness, upbringing of young people are also forming violence and solitary domination, selfishness, mannerisms and quarrels in them. Under the influence of similar factors, deviant behavior among young people leads to a change and an increase in the number of crimes.

Many researchers note that a large part of the phenomenon of illegal behavior and suicide among children and adolescents occurs precisely because of the strictness and unfair attitude of parents. Therefore, proper interaction with children in the family, taking into account their age and individual-psychological characteristics in interpersonal relationships, plays an important role in preventing the occurrence of behavioral deviations between children and adolescents<sup>2</sup>.

Threats in cyberspace are of such a universal nature that it has a chance to seriously negatively affect all other areas. In particular, the worldview of the individual, the stability of society, the peace of the state, the distraction of public opinion and, ultimately, the spiritual, political, economic, cultural rise of each country. In order to distinguish between positive and negative information, assimilate good information and reject the harmful, it is necessary that the human mind is developed, and he himself is strong-willed. And the bulk of the population of each country does not have such an opportunity.

The decisive criterion for the perception of information by a person is the presence of a person's consciousness. Using this consciousness, with the help of logical proof, it is possible to prove to a person that even the desired, most

<sup>1</sup> Эркаев А. Оммавий маданият – зиддиятли гипервокелик.// library.ziyonet.uz.

<sup>2</sup> Шоумаров Ф., Умаров Б., Акрамова Ф. Ёшларда хулқ оғиши ва тарбия бузиленинг олдини олиш бўйича психологик маслаҳатлар.// – Тошкент, 2015. -15 б.

inappropriate idea is "correct", which is not difficult. To do this, it is enough to masterfully select the evidence and draw up the proof process well. So, the first source of the threat to information and psychological security is the person himself. There are many such sources, the main of which was cited in the composition of the sources of the threat to the information and psychological security of the individual. In addition, it is possible to cite sources that endanger the entire society and the nation, such as states, organizations and individuals that provoke nationalism, chauvinism, Imperial thinking, ideological expansionism and other similar vices<sup>3</sup>.

According to experts, a child who has not reached ten years of age usually does not have the ability to independently think critically, which is necessary for the use of the internet, and, against this background, to distinguish between data, to be able to distinguish them, in other words, "filter". For this reason, a child with the possibility of using the internet even when left alone should be taken under strict control, it is necessary to teach him not to tell personal information about himself to people whom he met via the Internet. The analysis testifies to the fact that today the problem of the influence of cyberspace on the worldview and consciousness of young people is an extremely urgent task. However, what information on the world wide web can be useful for school-age children? What do teenagers who "travel" in cyberspace for several hours a day actually do, and how does this situation reflect in their worldview, character? In what way can information security of adolescents be ensured if necessary? These questions are increasingly worrying and thinking of many parents and employees of organizations dealing with youth problems. There are also serious grounds for this.

Today in the world, social networks, internet commerce firms, newspaper-magazine sites are developing and perfecting extremely, which is difficult to follow. But there are also many sites that do not correspond to the national tradition and moral level. This greatly affects the minds of young people and the future generation. Indiscriminate people in certain quotes target young people through porn sites, that is, along with spiritual feed, influence the spiritual way of life. Having a sufficient level of position on the world stage, the Internet fills the gap in the minds of young people with excess information. "Young people are so immersed in virtual life that they do not know that national spiritual values are spiritual wealth that has been formed for thousands of years, passing past generations. There are cases when teenage children become tightly connected to the internet. This causes "Internet disease" (ludomania)<sup>4</sup>".

Speaking about the culture of the Internet, recognizing that it is a new concept, it is described by experts in the field as follows, that is, the culture of the Internet (ing. Internet culture) is a culture of Communication, Information Retrieval and transmission of users over the Internet. Internet culture (cybercrime of Internet users) is also understood as a conscious restriction on the use of information distribution sites of a biased nature, religious extremist, terrorist, pornographic and other content, which negatively affects social consciousness, including directed against the current state system.

In a situation where the dimensions of time and space are changing in the world today, humanity is increasingly drawn into the virtual world, it is necessary to think about its capabilities, along with the threats of the cyber world faced by it. The child of the moment is young people who prefer to read a book on the internet instead of a covered book or who favor virtual education by falling down times and spaces and not direct education from a teacher, depending on the person of the era who wants to control the world on the Internet, we must also consider some criteria.

Today, one of our most important tasks in socio-cultural reality is to bring our values, traditions and spiritual wealth into the virtual world, which means our national-spiritual image, our identity. It is important to study the processes of social stratification of young people in a society that is entering a virtualized world. The study carried out in this area is, first of all, the assumption of a new social structure of the future society; secondly, the social structure as a whole makes it possible to determine the totality of objective and subjective signs affecting change, and especially young people as a socio-demographic group. The main methodological principle for the study of youth problems, which is a separate, independent socio-demographic group, is a concrete-historical approach. Young people should be treated as a component and a kind of group of society. At the same time, integration and social construction cannot be carried out without knowing the psychology of a person and his characteristics. It is necessary to analyze its formation and state within the framework of this society, based on its internal characteristics.

Since young people perceive both strong and weak aspects in a dialectical way in the social sense, they are characterized, on the one hand, by social activity, a high level of impressionability and a sense of novelty, the need for an ideal, thirst for creative reconstruction of the universe, intolerance, passion and curiosity, and on the other hand, impatience, reckless criticism and This circumstance proves that the emerging lifestyle of the younger generation is a rather complex phenomenon. All these cases are directly determined by the level of their scientific consciousness. Because as a result of the development and improvement of computer, Internet, mobile communications and other modern technologies in today's changing society, young people are increasing their cognitive potential by studying the secrets of modern technology management, their effective use. But, the sad thing is that in a society where such a technique-technology has developed, our youth of a certain category simply ermak or spend their precious time sitting on the computer with the day "contrr strayk", "Forsaj" or all sorts of obscene films, watching pictures, watching similar

<sup>3</sup> Пахрутдинов Ш. Тараққийтга таҳдид: назария ва амалиёт. -Тошкент: Akademiya, 2006. -73 б.

<sup>4</sup> Жумабобоев А. Глобаллашув даврида миллий маънавиятимизга қарши қаратилган таҳдидлар.// "Маънавий таҳдидларга қарши курашиш механизмларини такомиллаштириш — хавфсизликни таъминлаш омили сифатида" мавзусидаги республика илмий-амалий конференция материаллари тўплами. –Тошкент: 20 ноябрь 2019 йил. -8 б.

games, "terrible" movies, watching pictures, wasting their precious time in youth. This in itself causes in our youth a subordination to computer games, as well as to mobile communications.

Here is how we can tell our young people that tomorrow will be, that there will be no emptiness in their spiritual world, that these things will not have their effect, will not affect their worldview, will make them appear in their psyche all kinds of unhealthy ideas, and that they will be released in the future by the owners of common sense? Of course, this problem can be called a specific problem of the era. If we look at this problem indiscriminately, the problem can take root even deeper and cause other problems again.

In the formation of a highly spiritual personality, such skills as independent thinking of the younger generation, the ability to correctly analyze and evaluate the reality of life also occupy a key place. The formation of the attitude of young people to the flow of information is a direction of thought education. Parents, teachers and mentors in the process of Science and upbringing should explain to young people the difference between thought and knowledge, teach them to compare thoughts, divide them into types.

So, at the same time, the scope of threats in cyberspace, which negatively affect the spiritual culture and maturation of the individual, is much wider. Among these, the following can be cited as the main ones. In the first place are threats aimed at the life, self, dignity, spirituality, national image of the individual; in the second, spiritual threats aimed at the spiritual decline, crisis and the unconditional disappearance of the nation from history; in the third, are the economically and politicized spiritual threats that lead to national statehood, reverse the development of the country.

So what should be done to reduce the negative effects of "popular culture", how to proceed in the fight against it? First of all, it is necessary to form a "culture of information consumption" in humans. And it depends on upbringing. Today's man said, "who is providing this information?", "For what reason is it presenting? For what purposes does" and "present?" It is necessary to ask questions to oneself, to teach him to try to find a reasonable answer. Only then will the likelihood of falling under the influence of various harmful ideas be prevented from blindly following the proposed information. Secondly, attention should be paid to the preservation of national culture, the purity of our sacred Islamic values, which our ancestors believed, and the fight against the threat of "mass spirituality" in cyberspace, filling the media and Internet networks with national information and further increasing the interest of adolescent youth in this information. Because the internet can be restricted or young people can be refrained from the internet eas.

Every state in the world, every nation is powerful, first of all, with its intellectual potential, high spirituality. And the source of such invincible power is, first of all, the great discovery of human thought – books and libraries<sup>5</sup>. It is also worth mentioning the importance of preventing various spiritual threats that are currently growing in the world, increasing the role and role of the public of science and culture, the people of creativity, strengthening their activity, responsibility in protecting the consciousness of our children from the harmful effects of "mass culture". Society is not right to look at spiritual life simply as a social reality. Currently, there are criteria that raise the cultural level of each people or nation. The main thing is an intellectual consciousness, high spirituality, a national worldview and faith that relies on centuries – old traditions, feeds on the progressive achievements of the time.

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<sup>5</sup> Ўзбекистон Республикаси Президенти Шавкат Мирзиёев 2020 йил 20 февраль куни Анқара шаҳрида Туркия Республикаси Президенти хузуридаги Халқ кутубхонасининг очилиш маросимидаги нутқи. //http://www.uza.uz.