



## THE ROLE OF NATIONAL FOLK GAMES IN THE DEVELOPMENT OF COGNITIVE PROCESSES OF PRESCHOOL CHILDREN

Halilova Dilfuza

Kokand State Pedagogical Institute

Teacher of the Department of Applied Psychology

| Article history:  | Abstract:   |
|---|---|
| <b>Received:</b> 4 <sup>th</sup> October 2022<br><b>Accepted:</b> 4 <sup>th</sup> November 2022<br><b>Published:</b> 10 <sup>th</sup> December 2022         | The article describes the psychological aspects of developing preschool children's perception through creative games. The manifestations of creative games, their acceptance by children and their importance in the development of children's perception are revealed. |
| <b>Keywords:</b> pre-school age, perception, creative play, stage games, construction, soda and complex perception, water and sand games, concept of space. |   |

President of the Republic of Uzbekistan Shavkat Mirziyoyev at a meeting dedicated to the fundamental improvement of the preschool education system: The preschool education system is the primary, most important link of continuous education. According to the scientific conclusions of specialists and pedagogues, 70 percent of all the information and information that a person receives during his life is received by the age of 5 years. This fact alone clearly shows how important kindergarten education is for our children to grow up as mature and well-rounded individuals.

President Sh. Mirziyayev attached great importance to the education of the young generation and said: "educating the young generation is the most important task for us" based on this, we should search for the currently usual forms and methods of education, form strong universal trust and views in the growing generation; we should pay attention to cultivating feelings of respect and protection of national culture and national values in a person. Based on the above ideas, it is possible to consider the experience of folk pedagogy, including national folk games, as a tool and main force in the education system of the growing generation.

Folk games are an integral part of the international, artistic and physical education of preschool children. All folk games are expressive and open to the child in terms of content. encourages the transition to a higher stage of development. Therefore, the game is recognized as the leading activity of preschool children.

The importance of Uzbek national folk games in the spiritual development of children is enormous. In general, it is known that many psychologists and pedagogues have expressed valuable opinions about the importance of games. Psychologists of the world have proven in different ways in different periods that games play a big role in the formation of the most important aspects of the simplest mental process to the most complex mental process.

Of course, all children need exciting entertainment. Unfortunately, in recent years, children prefer computer programs more and more. Therefore, parents should pay them due attention and teach them folk games. need

The use of folk games helps to teach children tolerance. They are a unique source of education. The folk games held in the preschool educational organization include the lifestyle and customs of our ancestors.

It is known that 3-year-old children have not yet mastered the external environment very little. They still cannot control the color, size and other aspects of things. But at this age, children can imitate the actions of adults. At first, children perform actions with the instructions of adults; for example, they describe a chicken or a bird, sink grains, fly, later the game becomes more complicated.

In large groups, the educator prepares children to independently organize national folk games, in which he monitors the progress of the games and, in particular, the fulfillment of the rules, as well as the relations between the children. National folk games not only educate children to understand the rules of the game and follow them, moral qualities such as honesty, fairness, friendship, bravery, self-control, perseverance, but also children's cognitive processes during game activities improve attention, perception It creates favorable conditions for development, thinking, understanding and clarifying goals. Games help to develop creative imagination, memory, ingenuity, thinking activity. Due to the activity of the game, the child practically assimilates the reality of space and objects, at the same time, the mechanism of perception of space is also greatly improved. The development of intuition, perception, attention, memory, imagination, speech, imagination, emotions and will in preschool children. it goes fast.

Attention is a constant companion of any activity. Preschool children's attention is mostly involuntary. The game is very important for preschool children to develop their voluntary attention.

It is not possible to recognize every game as a national game, the process of such recognition is very long. Based on the work experience, we can say that when playing national folk games, human feelings manifested in real children's actions and relationships help the manifestation of cognitive processes, outside of the mastered game state.

Therefore, national folk games, together with other means of education, are the basis of the initial stage of the formation of a perfect person who embodies spiritual wealth, moral virtue and physical perfection.

When working with children of preschool age, the educator should not forget that childhood impressions leave a deep and indelible mark on a person's memory. This is a conscious activity aimed at achieving a conditional goal defined in the rules of the game.

These games form children's positive moral qualities, such as will, discipline and the ability to control their own behavior, to consider the actions of others. At the same time, the child develops his perception. A child playing a role in a stage play understands and assimilates the positive and negative characteristics of his character. In staging games, children get involved in the game process, they clearly demonstrate positive qualities such as heroism, bravery, kindness, enthusiasm, which are directly related to the inner life of the heroes of the story and fairy tales. In this process, children's perception of reality and formation of concepts, speech activity, vocabulary, and worldview expand. The selection of works of art and fairy tales for staging requires adults to take into account the young characteristics, interests and desires of children. It is also important to prepare the necessary equipment for the staging games to be interesting and last for a long time. Adults take on the role of game directors and take into account children's actions, abilities, and aspirations. Children who actively participated in the game are specially encouraged, and they determine which works should be staged in the future. The preparatory process also allows children to perceive all participants, to recognize everyone, to help as a team, to perform tasks together, to learn about other heroes besides their own.

Games with building materials have a great role in improving children's creative abilities. Such games form complex perception in children. Complex perception includes the concept of space. Perception of space is the process of knowing the place, shape, quantity and relationship of objects and events in reality. This type of perception begins to form in children towards the end of preschool age.

Construction games require the child to describe the image of the object in spatial terms. In the course of the game, the skill of finding the size, size and compatibility of any material or item, and the skill of spatial planning is developed. Children's favorite pastime is playing with sand. Sand is the funnest plaything for children. Sands are kept moist in special boxes. Flags and toys should be prepared and burned for children to play with sand. Sand games, like other games, ensure comprehensive development of children. In particular, it has the property of calming the child's psychology, develops hand motor skills, enriches creative imagination and imagination, and forms creativity. Water games are also one of the child's favorite games. Almost all children start playing with water from an early age. Water also has the property of calming the child. Washing, cleanliness is not only a hygienic requirement, but also teaches understanding of cleanliness, its correct use, environment and nature. Understanding and understanding things like bathing a doll in water and playing with toys in water are important for a child's development.

**IN CONCLUSION**, it can be said that children are given new knowledge and concepts through creative games. In these games, the child's all-round development, psychological, cognitive processes, sensory culture, speech activity, mental abilities are improved.

### REFERENCES:

1. Sadikova Sh.A. Textbook "Preschool pedagogy" T.: "Science and technology",2012
2. Nishonova Z.T, Alimova G.K. "Child psychology and teaching methods" 2005
3. Kadirova, M. (2020). Training in the development of children's perception place Archive Nauchnyx Publication JSPI.