



SOCIO-EDUCATIONAL FACTORS IN PROTECTING YOUNG PEOPLE FROM INTERNET ADDICTION IN AN INFORMED SOCIETY

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Received: 20 th July 2022	This article discusses the socio-economic, cultural aspects and features of public information, its impact on student youth, and approaches the Informed Society as a source of knowledge.
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Taking its rightful place in the world community of the modernizing Uzbekistan is directly related to the application of modern science and technology achievements in all spheres of social life. Advances in science and technology are essentially two-fold, and can be used for both humanitarian and evil purposes. The fact that we are becoming increasingly globalized is characterized by the spread of information technologies to all parts of the world, the incomparable achievements of mankind in the field of information transmission, reception and distribution. As a result, today's life of the world's population is unimaginable without computers and the Internet. The incomparable role of spirituality and enlightenment in an informed society was recognized by the government of Uzbekistan at the right time [1]. In fact, extensive creative reforms in our country are strengthening the life-giving idea of "From national revival to national rise" in the thinking of our people, in the worldview of the legal state, in the establishment.

The personal computer of Internet users is such a huge source of opportunities that it attracts a person with the coverage of information created by human thinking. It gained a "hegemonic" position compared to other mass media by being able to introduce information of interest to every citizen regardless of their age, gender, profession, nationality, ethnicity, religion, and other social status and differences. Its conveniences: individuality, low cost, lack of control, ease of obtaining information, confidentiality of the sender and recipient of information, online status and virtuality of communication, deepening of information acquisition and expansion of possibilities, make a person addicted to the Internet. Indeed, due to the emergence of Internet networks and their spread throughout the world, the psychological "pathology" of people has been recognized as a disease by foreign scientific centers and clinics. According to experts' calculations, 70% of teenagers worldwide are addicted to the computer games "Game of Ware", the psychology of violence and brutality in it leaves negative marks on the spirituality of young people, and it is observed that virtual and real reality are confused [2].

According to the results of computer addiction studies, students live separately from their families, parents, low control of the representatives of the educational system, the weakening of the student's communication with friends, socio-economic complications, filling the social gap through the computer, finding a close "interlocutor" in the "online space" is drawn into the vortex. The population of our country is becoming dependent on the Internet, which the people of the world have experienced, in accordance with the growth of information. Based on the national-religious character of the population of our country, it is more important to consider the situation as "social network addiction" of the population, especially young people, rather than internet addiction.

The difference between Internet addiction and social addiction is that the need to connect with the interlocutor in the online social space is increasing day by day, rising to the level of "online addiction". The need for knowledge in human nature is not satisfied with the known knowledge around, life meaning, social fatigue due to social ideal, fading from life interests, search for a new social space and friends, in addition to the crisis of family parent-child relations, the negative impact on the foundations of family and marriage is disastrous. According to sociological observations, 42-43% of young brides under one year depend on telephone and Internet social networks to cancel their marriages, which confirms the sensitivity of the situation.

The peculiarity of the dependence on social networks of the Internet is that it connects young people to sites and portals suitable for their information needs, and leads to a state of psychological dependence by increasing the relationship and obtaining information in the new cyber environment. According to social observations and surveys, there is no difference between day and night for young people, and the "humor" of accessing social networks can be compared to the influence of drugs. In this sense, it is a new problem that has not been philosophically explored as

an ethical problem in the social and humanities (except for a few studies in psychology and pedagogy). Due to the activation of the cognitive process, the peculiarity of this dependence is observed to lead to derailment of the mental balance, militancy and irritability. We prove our opinion with the mental aggression of a child, when a young person accidentally drowned while filming his friend walking on the ice, and a schoolboy stabbed his mother because he did not pay for the repair of a computer[3].

In accordance with the information process of the society, we try to conditionally divide the Internet dependence of young people studying in all sections of the educational system into several categories: if the category of children of preschool age is grouped into mobile games on mobile phones, the general education system young people are given to games with militant military content installed on computers, so it is considered that the level of dependence is extremely high. possible The risk of formation of more dangerous "hybrid" social networks instead of telegram channels, "Odnoklassniki", "Facebook", "Instagram" social networks among the youth of higher education requires the activeness of the moral protection system. And the complication of such attacks as "Kontakte", "Twitter" and the youth of all groups are given to "Tik-tok", the situation is turning into a more delicate ideological tone.

The use of information media as the main weapon in the modern ideological struggle, the massively programmed spiritual and moral influence on groups of young people promotes the psychology of aggression towards the state, society and individual relations. In this sense, addiction to computer games is also dangerous in that it is an ideological influence with a specific device address. The priority direction of protecting young people from dependence on computer games and social networks is media education in the educational system, planned activities aimed at forming media immunity. In young people, independent moral thinking and media literacy gain social importance. Researcher G. Although Nishonova's opinions are controversial, we support her opinion about "...expanding access to information, satisfying the population's need for information by providing truthful, convincing, effective information, consciously explaining, understanding, creating immunity" [4. -B. 280.].

The formation of the world Internet system has led to a state of social alienation among young people with individualism, selfishness, national-religious impatience, militancy, and a tendency to be selfish, as the human phenomenon is equated with spirituality. Global Internet social networks create an environment of immorality by alienating young people from ethno-cultural moral traditions and values. We believe that the promotion of negative evils of information technology is the subjugation of the Internet system to the business needs of certain transnational companies in the huge media market. Considering that 4 billion of the world's population use the Internet at present, Sh. We think that Muradova is right to be worried about 2 billion users of TNK AOL sites, more than 287 sites distributing sensational and scandalous "ideological products" suitable for young people's interests. Analogous security thoughts and views on traditionalism, priority of national values, morality and religiosity in the Eastern way of life are also found in other researchers [5. - B. 283.].

It is no longer a secret that the information industry in European countries has systematically developed step-by-step programs to convince young people of inexperience and lead them into spiritual "traps". As a result, in recent years, the dependence of young people on the Internet has increased, and negative changes in their mentality have been manifested, especially in the fact that they become attached to the computer to get rid of "humanity" alienation from the community, aggressiveness and militancy, and spend a lot of time to satisfy their thirst for information. This situation leads to family disputes and conflicts, even serious crimes, and forms a dependence on social networks due to the formation of a second "I" of the person in this space.

Games on Internet social networks are a relatively new form of psychological dependence, which is explained by the increased need for information among young people. The Internet deviant situation of young people leads to the risk of other crimes, drug addiction, alcoholism, and destroys socially stable relationships. Because online games and social networks, with their "attractiveness", bring a person out of their identity into the virtual world, and the proximity to real life in it is the reason for serious growth of addiction. A US scientist disclosed information about the fact that up to 80% of young people are dependent on the modern Internet system, and there are more boys than girls among them [6].

The widespread form of communication in social networks is collective information exchange, and it is not difficult to understand that the incomparable activation of communication is the development of the Internet system, the expansion of new networks in it are "Political coups" of foreign Internet network creators. Therefore, communication on the Internet creates a new form of language, an infinity in information exchange, and attracts students to a new process of socialization and professionalization online. Therefore, it is necessary to highlight controversial aspects in the scientific approaches of some young researchers in the field of pedagogy [7].

Young people's interest in computer games and social networks turns into a need at the second stage, and a person falls into its web. Not being able to get rid of it is expressed in the level of excitement of the desire to enter the game and the network. A characteristic feature of students' addiction to social networks: in online meetings, social like-mindedness is manifested in "friend", in views "like-minded", in faith "religionist". In this way, the methodology of influencing young people depending on their age and gender is gradually becoming more complicated and creates "narco-psyche" addiction in the psyche. This system can be caught by representatives of spirituality in time, the earlier it is detected, the easier it is to save young people from addiction. Our analysis is based on the appropriateness of the actions of spiritualists in accordance with each stage and period, and in complex situations, it is necessary to work with young people for several years. Analogous opinions can also be found in scientific researches of Russian scientists [8. -S.118-122.].

We have observed in experience that the method of "banning" or "punishing" in protecting young people from Internet social networks and games does not work, on the contrary, young people become more addicted. Moreover, at a time when the production power of modern information technologies is accelerating in relation to the reception of information in human thinking, it is necessary to provide media education and training to the youth in accordance with the requirements of the time. After all, the possibility of accessing the information system at any point of the world with one click of the computer keyboard is a positive and negative reality. The process of reading and learning is accelerated and negatively affects human feelings and emotions. At the same time, this situation increases the need for education by making serious changes in a person's intellectual potential. In this sense, researcher A. We agree with Sulaimanov's conclusion that the Internet and mobile communication are used by young people "...in the promotion of ideas that are foreign to their spirituality, they mainly aim to influence the emotions of young people"[9. -B. 297].

The fact that spirituality is a very responsible period at the moment is further complicated by the weakening of attention to spiritual and moral education in the education and training system, the programs and broadcasts of the central television and radio channels of the republic, and their privatization and commercialization. In this sense, it was found that the above "illnesses" of young people have a negative impact on deviant situations. In the researches of sociologists, it has been observed that young people access scientific social networks, as well as access to dating sites, gambling games, adult dating sites, watch porn videos and movies, and write romantic "chats" with older women. Therefore, the student has to study the algorithm of social networks in order to protect young people from accessing and using social networks, from factors that negatively affect the psyche of young people. Similar research and ideas are confirmed in the scientific work of our compatriots[10]. Because in the formation of healthy lifestyle, respect and reverence for national and universal values in the minds of young people, the inimitable dress and image of well-known artists are spreading as a model or imitation. Even a small trivial information or message aimed at the spirituality of the youth can cause irreparable spiritual threats to the spiritual lifestyle of the youth with a global aspect.

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