

## WOMEN EMPOWERMENT BY JAGRUTI CELL AT AGPPI ORGANIZATION

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Article history:	Abstract:
<b>Published:</b> 10 <sup>th</sup> March 2022	<p>A. G. Patil Polytechnic, Institute a well-known Engineering Institute was established on 2008 at Solapur. At the initial stage college had started hard work on students development and raised the name of college amongst top most college at ,Solapur In the year 2011 for the welfare of women(girls &amp; Ladies Faculties) Jagruti cell had been started in an organization The motto Jagruti cell is to develop girls in every aspects with technical knowledge.. During the journey of 2011-2021 this cell had accepted many challenges. In this paper we will elaborate the improvement done by Jagruti .From last 10 years journey from offline to online many programs conducted by Jagruti. Vision of 'Jagruti' is to empower &amp; upload the dignity of young girls &amp; women. The objectives of Jagruti are:</p> <p>To assert the importance of women's rights &amp; laws, health &amp; hygiene and societal responsibilities.</p> <p>To increase the sense of self-worth &amp; self-esteem of every young girl &amp; women that is connected in any manner to 'Jagruti.'</p>
<b>Keywords:</b> Workshops, Guest Lectures, Motivational lectures Personality development, Body Language physical & mental Health issues causes & solutions.	

### 1. INTRODUCTION

Advocate Mrs. Aparna Ramthirthkar was invited as a chief guest for the opening ceremony of this cell .After opening many expert Guest Lecturers from different areas like Social Organizations, medical field, NGOs, Yoga experts, cultural activities experts visited to our organization. One of them was Sindhutai Sapkal (Worked for orphan children) who was recipient of Padmashri had visited here. In these paper case studies of improvements & comparisons about development of this cell has been mentioned. In starting period reports were done by traditional method, from 2011 to 2013. Then our organization had been approached for NBA accreditation, and then organization coordinators had started reports with applied technologies & evidences. Our organization is associated with technical education, but with that overall development of girls and faculties had been started with different activities. As Jagruti Cell had to accept every challenges of life likewise cell had started working with all new technologies. Here in this paper some objectives are taken. With comparisons of improvement without NBA and with NBA from offline to online in pandemic situations. The motto of those objectives is to create awareness about all burning issues of society among girls & give them courage to fight against Negative challenges.

### Objectives of Jagruti Cell

1. To build good Relations of daughter with father & mother comparison.
2. To give Knowledge & idea regarding Festivals & culture.
3. To teach girls how to protect them.
4. Some girls have many hidden talents & arts but how it could highlight (their inner potential)
5. To give awareness that girls are multitasked & Lady Faculties could balance job, social activities, and responsibilities of family.
6. To solve sexual Harassment problems.
7. To keep balance of mind during Teen Age Dilemma.
8. To look young forever how to take good care of skin.
9. To teach role of yoga & meditation to keep stress free mind & good health.
10. To find solution regarding Menstrual Cycle problems & anemic girls.
11. To give awareness during online activities of pandemic situations Hacking, online black mailing cyber security.
12. To give Knowledge regarding cultural activities online & some art related workshop (2011-2014)

Jagruti Cell's opening ceremony had been held in the presence of Late Mrs. Aparna Ramthirthkar during 2011. After that Dr. Maya Patil had delivered lecture about history of women before 80,000 years. She had given lots of

examples of successful ladies.  
Maya Patil at our organization



**Objective 1 & Solution.**

After that Sindhutai Sapkal, who was a great social worker, delivered a lecture on relationship of girls with mother as compared to father.

India, is a country where unity is diversity. Navratri is festival of 9 Goddess so cell started giving importance to every festival & started celebrating them to keep awareness about Indian culture.

**Objective 2 & Solution.**

*Mrs. Chndrika Chauhan (Social Worker) came as a judge for Dandiya competition.*



**Objective 3 & Solution.**

*During 2012 Famous Karate Champion Sangeeta Jadhav had given guidelines to girls how to protect themselves Sangeeta Jadhav during 2012*



**Objective 4 & Solution.**

In the year 2013 apart from guest lectures, motivations and learning cell had focussed on hidden talent & potential of girls too.

On the occasion of shraavan mass cell had organised Mehandi & Rangoli competition, judging done by Mrs Nitita Bang.



*During 2014 Mrs. Sangeeta Jadhav had invited to give lecture on "No dye self" how to talk, how to learn self-defense any many more....*

During those years many cultural activities & Guest lecturers had been organized  
(2014-2019)

But after those initial years college had decided to go for NBA accreditation so everything had been started with advance technology at college included Jagruti reports too..

Reports of Jagruti contents Programme Notice, List of Participants, and Programme schedule, Photo Gallery, Winners in Competition, Summary of Report, and Attendance of Students.

New Year's, new technology new challenges, by accepting all cell had jumped with new starts.

In the the year 2014-15 Mehendi, Rangoli & dandiya competition arranged with very different Level.

Girls who were Participated & won competition used to get prizes during Bharari (College Annual Prize Distribution Function).







On 23rd January, 2015 Dr. Madhavi Rayate delivered a lecture on Girls', Physical & Mental Health Conditions .With physical health mental peace & ethics should be maintained.  
Dr. Madhavi Rayate delivered a lecture on Health



#### Objective 6 & Solution

During 2016 Jagruti cell thought differently about burning question of the society  
Sexual Harassment & Prevention Measures delivered by ACP Walawalkar – Gharge Madam  
Felicitation of ACP madam by Hon. Secretary Mr. S.A. Patil sir.



She explained about women Importance in society. Women should get respect from society .She compared about the past & present living style of women.

During Past women had lots of patience, they used to live as a housewife and they couldn't fight again their rights But as per madam in millennium generation women must know how to protect them from sexual harassment. During the years 2014-2019 Rangoli, Mehendi & Dandiya competitions used to held every year by cell so I have not mentioned each year programmers in my paper.

Objective 5 & Solution

Now 2016 Dr. Naseem Pathan had delivered a lecture on awareness at each & every field like service sector, housing industry ,decision capacity ,save girl child & many more. Even explain awareness about teaching & small scale industry. Dr. Naseem Pathan 17/9/2016

#### Social Awareness



Objective 7 & Solution

Every child or girl when she is growing up from childhood to Teen age, lots of physical, hormonal changes occurs even opposite attraction possible also at this age. So how to prevent themselves from all this, Cell invited Dr. Shobha Shah to deliver a lecture on 'Teen Age Dilemma' She explained about leadership quality, boys & girls' friendship, teen age & care, deception from teen age relationship & many more.

Mrs. Shobha shah 20/2/2017





Vice Principal Mr. Jaketia J.M. felicitate Dr. Shobha Shah.

20.02.2017

Rangoli & Mehandi used to arrange every year two times I worked as a judge.



Mrs. Devnshi Jhaveri as a Judge: (Mehandi & Rangoli) 27/07/ 2017



Now again New Year new concept, yoga workshops had been arranged by cell Jagruti observed yoga is mandatory for physical fitness but with stressful life work, job, home stress, family everything must be balanced by faculties.

In girls, they had mental as well as physical health issues

because of less patience, so with Yoga meditation was a part of healthy life to keep your life stress free.

Objective 9 & Solution

Jagruti Cell arranged Yoga & Meditation seminar (art of living) by Mrs. Anju Khsirsagar member of Art of Living.

The motto behind that seminar was to get happiness. Regular meditation helps in relieving stress & thus improves health. It is believed that meditation improves the immune system & thereby helps in controlling blood pressure & lowering blood cholesterol. She had shown the demo of meditation.

Vice principal felicitated Guest



Demo by their team



With health skin, hairs, weight maintenance all are necessary

Objective 8 & Solution

Looking at the second side of the coin with protection inner as well as outer glow of beauty is must. Keeping in mind about that Cell organized a guest lecture on "Look young forever" by Dr. Smita Chakote.

She explained every woman & girl intends to look beautiful in any way. To achieve it they use every cosmetics or conventional way.

Along with it, women should also take care of diet they intake. Fast food & tea should be avoided. Her diet should include dry fruits, Beetroot, spinach Dates .She said Meditation & exercise for 15 minutes in the morning is must.

She explained best personality is not about only outer appearance, but it is about the outstanding work a woman does whether in profession or personal life.



(2020-2021)

Everything was going on right track but during Feb 2020, India & whole world started suffering from one dieses Covid-19 so we had lockdown in our country.

Organization started online lectures- practicals for students with that we had to find some new innovation for our Jagruti Cell.



There is one phrase in English "Women are a powerful and beautiful entity of the world." Now we had adopted advance technologies but with that cyber security, account hacking, black mailing, suicide because of that many issues were raising in society so Cell had decided to arrange a Guest Lecture on cyber security Online via Zoom Platform. "Every situation gives us a lesson". So during this pandemic situation we learnt many online platforms & their uses.

"Jagruti Mahila Vicharmanch" arranged Guest lecture with collaboration of Innerwheel Club of Solapur Harmony on "Cyber – surksha" by Mr. Ravindra Gaiwad, Inspector Cybercrime, Beed, on 7th November, 2020

Objective 11 & Solution

Mr. Gaiwad delivering a lecture on Cyber Security

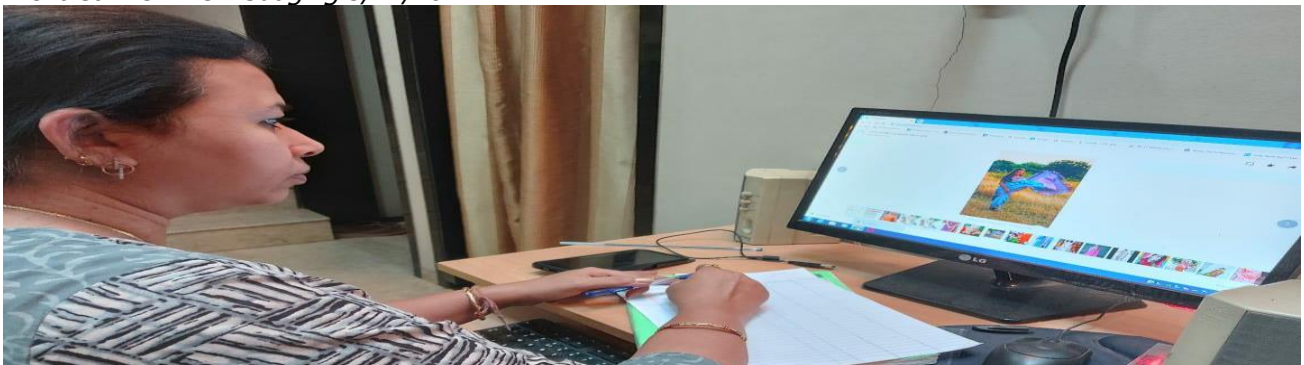


*zoom 7/11/2020*

With guest lecture, Jagruti cell had decided that "Indian tradition must be live." For that cell had been arranged traditional day competition online via WhatsApp platform.

Girl had sent their traditional photos with different attires like Koli, Punjabi, Gujarthi, Maharasrian, Bengali, and Kerala Nisha Jain worked as an Online Judge.

*Mrs.Nisha Jain Online... Judging 5/12/20*



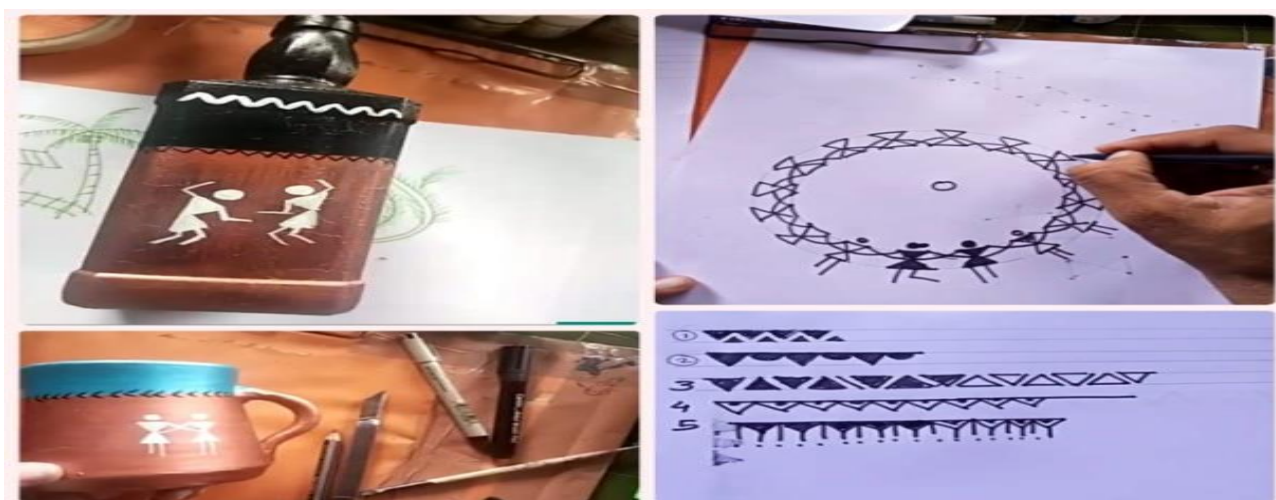
With awareness, Guest Lectures, traditions, art is also necessity for girls nowadays in new generation era many types of paintings & sketching like jute, Mandala art, pencil sketch & Tribal Art Warli Painting are in Boom.

On the occasion of Akshay Trutiya, 12th & 13th May, 2021 our cell organized an online Warli Painting (Tribal Art) Workshop by an Artist Mr. Vikas Gosavi with collaboration of Jain Sangini forum

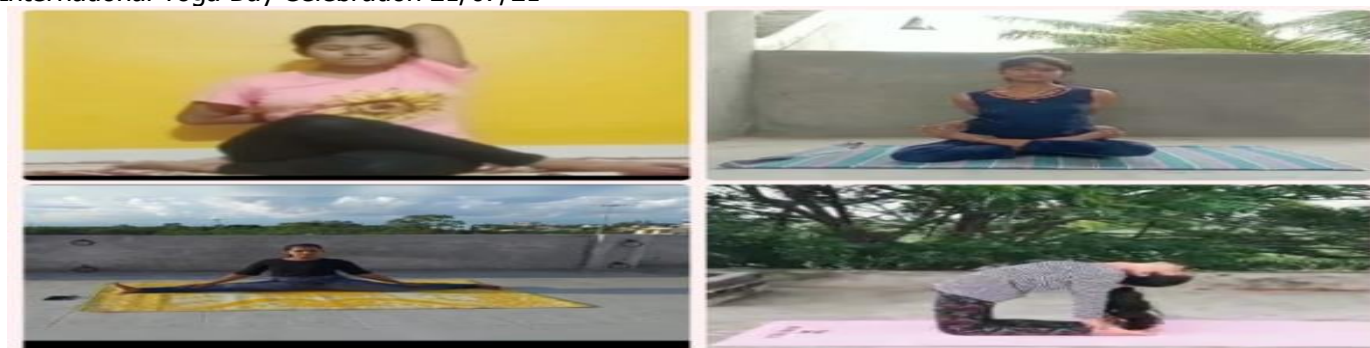
Objective 12 & Solution

Online workshop mode going on ...12th & 13th May, 2021





Now last but not least, every year cell used to organized yoga & meditation workshop & seminars but during this pandemic situation Jagruti found inner potential of Girls & took Yoga competition with Jain Sangini Forum. Girls had given amazing response by doing some asanas & special asanas. Maithili Kullakrni had been working as a judge, Yoga Tagna.  
International Yoga Day Celebration 21/07/21



## CONCLUSION

After all objectives studies it was found that Jagruti Cell had conducted many activities like Motivational Guest lectures, Cultural & traditional activities, Yoga & health checkup Camps, Health awareness lectures ,art workshops etc.. Because of all good activities and workshops, girls would be able to know how to survive in any critical conditions. They would know about Indian culture, Inner potential & their art.

Before pandemic situation, cell used to organize all activities itself but during Covid -19 situations, cell collaborated activities with social organizations like Rotary, Innerwheel Club of Solapur Harmony, Jain Sangini Forum, Obstetrics & Gynecology Society

By all these activities our organization connected with many social & health clubs with the use of that cell will do many future modifications & Innovations in all activities

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